VEGAN MENU

Please let us know at the counter if you are ordering from our vegan menu. Please also let us know if you have any specific dietary requirements or an allergy

BREAKFAST
(Served until 11.30am)

Full Vegan Breakfast £12.50 (ask for gf)

Polenta, spinach and caramelised onion sausage, hash brown, mushrooms, laverbread cake, roasted tomatoes, homemade smoky beans and toast

BRUNCH
(Served all day)

HQ Classic Vegan Sausage Butty £6.00 (ask for gf)

Polenta, spinach and caramelised onion sausage on malted granary, sourdough or gluten free

Beetroot Hash £8.50 (ask for gf)

Roasted beetroot, potato, spinach and balsamic onions

THINGS ON TOAST

Choose your bread - sourdough, malted granary or gluten free

Vegan 'Butter' and Jam £3.75

Smashed Avocado £8.00

Smashed avocado, with pico de gallo and rocket

Homemade Smoky Beans £8.00

Extras - Mushroom, tomato, spinach £1.50 each Polenta sausage, homemade smoky beans £2.00 each

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LUNCH

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BOWLS

Falafel Bowl £9.00

Marinated olives, houmous, mixed leaf seasonal salad, pickled cabbage and tahini dressing

Butternut Squash and Ras el Hanout Couscous Salad $\pounds 9.00$

With charred aubergine, smoked applewood and toasted seeds

Red Lentil and Spinach Dahl £10.00

Red lentil and spinach Dahl, served with naan bread Add vegan 'chicken' £2

Seasonal Soup £6.00 (ask for gf)

Homemade seasonal soup, served with toasted artisan bread

See specials board

PASTA

Wild Mushroom Linguine £10.00 (ask for gf)

Creamy wild mushrooms and rocket with truffle oil

Vegan 'Chicken' Linguine £12.00 (ask for gf)

Vegan 'Chicken' in a light tomato, garlic, chilli and thyme sauce

TACOS £9.50

3 Soft tacos with fresh salad and tortilla chips (+chips £2.25; + quacamole £1.50)

Cajun Vegan 'Chicken'

Raw slaw, pico de gallo and chipotle mayo

Smoky Refried Bean Taco

With raw slaw, smoked applewood and mayo

v - vegetarian; ve - vegan; gf - gluten free

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SANDWICHES

Choose your bread - sourdough, malted granary or gluten free

Served with fresh salad and tortilla chips (Upgrade to chips for £2.25)

Falafel, houmous and pickled cabbage £8.50

Charred aubergine, spinach and smoked applewood £8.50

SIDES

Hand cut chips £3.50 gf

Sweet potato fries £3.75 gf

Side salad £3.00 gf

Bread and oil £3.00 (ask for gf)

Olives £4.50 gf

OTHER

A large selection of hot, cold and alcoholic beverages available to order at the counter. Please help yourself to tap water at the counter.

Please see our board near the serving area for daily specials and seasonal dishes.

If you have specific dietary requirements or have an allergy, please tell a member of staff. Please note that all food is prepared in a shared kitchen and cross contamination could occur despite following safe handling protocols.

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