

Any allergies or dietary requirements? Please tell us at the counter when you order.

Most of our dishes can be GF, please ask us at the counter!

Breakfast.

Served until 11:30am

The Legendary 12.50

HQ Full Vegan Breakfast

Polenta, spinach, and caramelised onion sausages, hashbrowns, mushrooms, laverbread cake, cherry tomatoes, smoky beans and toast.

Brunch.

Served until 3:00pm

The Original HQ Vegan Polenta 6.50

Suusage Butty

Polenta, spinach, and caramelised onion sausage on malted, sourdough or GF bread.

Smashed Avocado 8.95

Smashed avocado, pico de gallo, and rocket on toasted sourdough, malted or GF bread.

Jam and Vegan Spread on 3.95

Toast

Choice of sourdough, malted or GF bread.

Spanish Hash 9.50

Roasted red pepper, crispy potatoes, cherry tomatoes, smoky beans, avocado, rocket and smoked Applewood "cheese".

(GF)

Bowls.

Served 11:30am to 3:00pm

Teriyaki "Chicken" Quinoa 12.50

Bowl

Edamame and quinoa bowl with teriyaki vegan chicken and a miso dressing.

Falafel Bowl 9.50

Marinated olives, houmous, mixed leaf salad, pickled cabbage and tahini dressing.

(GF)

Vegan Chicken Linguine 12.00

Light tomato, garlic and caper sauce.

Chestnut Mushroom & 11.50

Truffle Linguine

Creamy mushrooms with rocket and truffle oil.

Add vegan chicken 2

Seasonal Soup 6.50

Homemade seasonal soup, served with toasted artisan bread.

See specials board.

Tacos.

Served 11:30am to 3:00pm

Three soft shell tortillas served with raw slaw, pico de gallo. Served with side salad and tortilla chips.

(Upgrade to chips or sweet potato fries 2.75)

Cajun Vegan Chicken 10.50

With chipotle mayo.

Pulled Mushroom and Tofu 10.50

With chipotle mayo.

Refried Beans 10.50

With smoked Applewood "cheese".

Sandwiches.

Served 11:30am to 3:00pm

Served with side salad and tortilla chips.

Choose sourdough, malted or GF bread.

(Upgrade to chips or sweet potato fries 2.75)

Falafel 8.50

With pickled cabbage, spinach and houmous.

BBQ Pulled Mushroom and 9.50

Tofu

With spinach, fried onions and gherkins.

Sides.

Triple Cooked Chips (GF) 4.50

Sweet Potato Fries (GF) 4.50