```
    VEGAN MENU
Please let us know at the counter if you are ordering from
    our vegan menu. Please also let us know if you have any
        specific dietary requirements or an allergy
            BREAKFAST
                    (Served until 11.30am)
        Full Vegan Breakfast £12.50 (ask for gf)
    Polenta, spinach and caramelised onion sausage,
    hash brown, mushrooms, laverbread cake, roasted
        tomatoes, homemade smoky beans and toast
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## BRUNCH

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(Served all day)
HQ Classic Vegan Sausage Butty \(£ 6.00\) (ask for gf)
Polenta, spinach and caramelised onion sausage on malted granary, sourdough or gluten free
Beetroot Hash \(£ 8.50\) (ask for gf)
Roasted beetroot, potato, spinach and balsamic onions
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## THINGS ON TOAST

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Choose your bread - sourdough, malted granary or gluten free
Vegan 'Butter' and Jam £3.75
Smashed Avocado £8.00
Smashed avocado, with pico de gallo and rocket
Homemade Smoky Beans \(£ 8.00\)
Extras - Mushroom, tomato, spinach £1. 50 each
Polenta sausage, homemade smoky beans \(£ 2.00\) each
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## LUNCH

(Served from 11.30am)

## BOWLS

Falafel Bowl £9.00
Marinated olives, houmous, mixed leaf seasonal salad, pickled cabbage and tahini dressing

## Butternut Squash and Ras el Hanout Couscous Salad

 £ 9.00With charred aubergine, smoked applewood and toasted seeds

Red Lentil and Spinach Dahl £10.00
Red lentil and spinach Dahl, served with naan bread
Add vegan 'chicken' £2
Seasonal Soup $£ 6.00$ (ask for gf)
Homemade seasonal soup, served with toasted artisan bread

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See specials board
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## PASTA

Wild Mushroom Linguine $£ 10.00$ (ask for $g f)$
Creamy wild mushrooms and rocket with truffle oil
Vegan 'Chicken' Linguine $£ 12.00$ (ask for $g f)$
Vegan 'Chicken' in a light tomato, garlic, chilli and thyme sauce

TACOS £9.50
3 Soft tacos with fresh salad and tortilla chips (+chips £2.25; + guacamole £1.50)

## Cajun Vegan 'Chicken'

Raw slaw, pico de gallo and chipotle mayo

## Smoky Refried Bean Taco

With raw slaw, smoked applewood and mayo
v - vegetarian; ve - vegan; gf - gluten free

## VEGAN MENU

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## SANDWICHES

Choose your bread - sourdough, malted granary or gluten free Served with fresh salad and tortilla chips (Upgrade to chips for $£ 2.25$ )

Falafel, houmous and pickled cabbage £8.50
Charred aubergine, spinach and smoked applewood £8.50

## SIDES

Hand cut chips $£ 3.50$ gf
Sweet potato fries $£ 3.75 \mathrm{gf}$
Side salad £3.00 gf
Bread and oil $£ 3.00$ (ask for $g f)$
Olives £4.50 gf

## OTHER

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    Please see our board near the serving area for daily
                        specials and seasonal dishes.
    If you have specific dietary requirements or have an
allergy, please tell a member of staff. Please note that
    all food is prepared in a shared kitchen and cross
contamination could occur despite following safe handling
                                    protocols.
        v - vegetarian; ve - vegan; gf - gluten free
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[^0]:    A large selection of hot, cold and alcoholic beverages available to order at the counter. Please help yourself to tap water at the counter.

